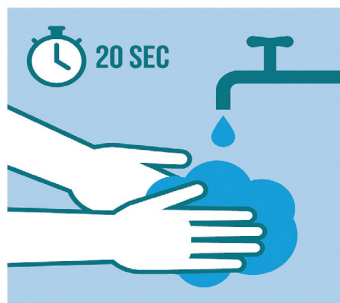


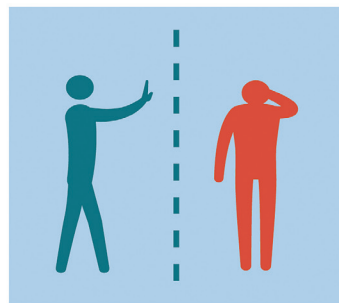
EVERYDAY TIPS FOR COVID-19 PREVENTION



Wash your hands with soap and water or alcohol-based hand sanitizer for at least 20 seconds



Stay at home if you are sick, except to get medical care



Avoid close contact with people who are sick

We need to be prepared, not scared!

There is so much good information out there, and as department heads and community leaders for all of McKenzie County it is absolutely essential that we continue to endorse accurate information to prevent undue panic from the community.

If you are experiencing respiratory symptoms (cough, fever, or shortness of breath) please call the McKenzie County Healthcare Systems, Inc. (MCHS) at 701-842-3000, #9. Call before presenting to the emergency room, prior to going there to make an appointment. Do not go in hospital until staff are notified and have the correct door for you to enter. We need to take precautions whenever we can.

At this time we would recommend cancelling or rescheduling any large meetings, asking residents to limit their public engagements unless absolutely necessary. Please call or email first. We will put any new information on the McKenzie County Emergency Management Facebook page. Visit our website at McKenziecounty.net

There is a Toll free Public Health hotline: 866-207-2880

Karolin Jappe
McKenzie County
Emergency Manager
Office 701-444-7483



Avoid touching your eyes, nose and mouth, especially with unwashed hands



Cover your cough or sneeze with a tissue then throw that tissue in the trash



Clean and disinfect frequently touched objects and surfaces

McKenzie County Healthcare Systems, Inc. is following state and national guidelines and is restricting visitation at the nursing home and the assisted living facility only to immediate family members of residents who are at end of life.